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# Managing Alzheimer's And Dementia Behaviors: Common Sense Caregiving

Managing
Alzheimer's
and
Dementia
Behaviors

COMMON SENSE CAREGIVING
GARY JOSEPH LEBLANC



## **Synopsis**

Managing Alzheimer's and Dementia Behaviors...The primary purpose of this booklet is to assist both "Healthcare Professionals" and "Family Caregivers" alike in providing the best care possible to those afflicted with Alzheimer's Disease or dementia of any kind. No less important, however, is another objective; for the information contained within these pages to be a catalyst in creating a better understanding between professional caregivers and the family members of the patients who they are caring for. Communication between these two factions is paramount. It is our hope that this booklet will be read individually or in groups, discussed openly and, after putting some of the tips now learned into practice, discussed again. Always remember, each patient is unique, but at the same time, the disease can often be manageable with the use of common sense, diligence and, most importantly, with love.

### **Book Information**

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### Customer Reviews

Here's a short, easy-to-read primer on Alzheimer/dementia caregiving, not just for caregivers but anyone working with someone with dementia. My mother recently passed away due to Alzheimer's, and I found these tips spot on. The book covers a lot of ground in a few pages, from using redirection and routine to dealing with sundowning and aggression, and more. I like the idea of using special bracelets to identify dementia patients during their hospital stays, to help rotating staff, transporters and technicians quickly realize they must use different techniques to work with these patients - and hopefully the staff will have read this book! There are more comprehensive books out

there about Alzheimer's caregiving, but this one gives the basics in informal style, without getting too complicated.

This is truely an amazing book to reenforce to Caregivers of how to handle certain situations. I have been a caregiver for my wife of 49 years for 8 years now with Parkinson's and Lewy Body Dementia. Gary points out the things you can expect with dementia and how to handle the situation to not cause your loved one any stress. Gary's first book, Afloat in a sea of Forgetfullness inspired me as well. I read his articales every day and learn something or reenforce what I am doing. Truely a great book.

I saw a lot of situations from this book in my own family with my mother. I could say, "yes -- that happened just like that!" Unfortunately, I did not handle the situations in the best possible manner. I could see some things I did right but could have used this information at that time. Mom is now in a very nice home for Alzheimer's patients. If you have a family member with dementia or Alzheimer's read the tips in this book. They are right-on. Maybe you can defer the nursing home for a while longer.

Gary, you did it again! Another winner! This is a wonderful handbook forboth Family Caregivers and Healthcare Professionals alike! And best of all believe it will be the needed tool in assisting those two factions in communicating better regarding the patient/loved one. A note to hospitals and elder care facilities; BUY THIS BOOK! BUY HUNDREDS! Be certain that every employee has one. Arrange forgroup discussions. And get enough of them to have them in your waitingrooms, gift shops, etc. THIS is an important resource! Thank you Gary!

Gary Joseph LeBlanc is one of my favorite authors of books and education for those with Alzheimer's or Dementia. Gary is an advocate who cared for his own father with Alzheimer's for many years. His a public speaker, website holder, author and writes a weekly column about Alzheimer's. This book is excellent. So many new and professional caregivers are stumped when it comes to some Alzheimer's behaviors. When I was caring for my own Mom, I had no idea what to do for so many of the odd behaviors; belligerence, shadowing, wandering, refusal to bathe. Gary writes about all these and much more. If you're coping with a loved one who has Alzheimer's or Dementia, you'll be thrilled to find this book.

Gary Joseph LeBlanc wrote a simple book about this subject. What I am saying, is that it is written in terms that the ordinary reader can understand. As a wife whose husband is in the beginning stages of this disease, I was better able to see what I may have to face in the future. I've already seen quite a few signs of the early stages. It is mind boggling to realize I will have to look forward to some of them, but when we married "it was for better or worse" and I will always be there for him. Thank you, Gary Joseph LeBlanc, for all the insights I would never have been aware of.

Whether a beginner or need a refresher on Managing Alzheimer's and Dementia Behaviors, this is the book for you. It is easy to read and understand while giving you the basic information that is needed to care for a loved one with Alzheimer's. It tackles the most important aspects of the job in a clear concise way and gives you positive way to succeed. It is a must read for anyone faced with caring for a loved one with dementia.

Concise and to the point. Many suggestions that will deflate bad encounters. I am currently dealing with my 90 year old mother diagnosed with Dementia who will not participate in social activities at the ASL home. My father died in 2009 with many health issues including Alzheimer's.

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